Thank you for purchasing the Sharper Image Heated Physiotherapy Massager. This user’s manual provides important information for operation and safety. Please read this manual carefully and understand it thoroughly before operation. Keep this manual for future reference.

**NOTE:** This device is not intended for medical use. It is intended only to provide a relaxing massage at home.
FEATURES

• Infrared Light and Heat Therapy (700~50,000nm wavelength)
• Adjustable temperature 40º- 65ºC (104ºF-149ºF)
• Magnetic Therapy (2X magnets, 1,100 gauss)
• Vibration Massage (7,000 RPM)
• Detachable and adjustable straps for elbow, shoulder and knee
• Includes three straps [1X 100cm, 2x 35cm]
• Comfortable, ergonomically designed padded body
• Temperature memory function
• Auto timer shuts off after 30 minutes
• Plugs into an AC outlet

PRODUCT PARTS

HOW TO OPERATE THE HEATED PHYSIOTHERAPY MASSAGER

1. Place the comfort padding cover on the knee.
2. Put the massager on the top of the comfort padding cover with the control panel facing up.
3. Adjust the straps until it fits your knee properly when buckled.
4. For best results, always attach the massager to the curve of knee as close as possible.
5. Connect the AC power cable to the device and plug the adapter into a wall outlet.
6. The LED light on control panel will turn on, and the LED screen will show “--”.
7. To turn on the Infrared Heat function, press the Start/Stop button once on the control panel. The Infrared Therapy will start working, and the LED screen will show 40ºC (104ºF, the default minimum temperature).
8. Press the UP or DOWN button on the Control Panel to set your preferred temperature [maximum of 65ºC, 149ºF]. The thermostat-control system will control the heat level automatically. It will stop heating when it reaches your preset temperature and restart heating when its temperature is lower than your preset temperature. [Note: the warming lights will turn on and off during heating]. If you do not want heat therapy, you may choose to have only infrared light therapy. Press the DOWN button to reduce the temperature to its minimum level, and this device will work with only infrared light therapy.
9. To turn off the Infrared Heat function, press Start/Stop button once again on the control panel. The LED screen will show “--”.
10. Press the On/Off Switch turn on Vibration Massage. [The On/Off Switch is located on the left side, underneath the massager.]
NOTES

- The temperature increment between 40°C (104°F) and 55°C (131°F)is 5°C (41°F). From 56°C (132°F) to 65°C (149°F), the temperature increment is 1°C (33.8°F).
- This device will be reset to 40°C (104°F) for the next use.
- The default time for infrared heat therapy is 30 minutes. Press the Start/Stop button on the control panel again if you need more cycles.
- There is no default time for Vibration Massage. You can turn Vibration Massage on or off at any time.
- Infrared Light / Heat therapy and Vibration Massage are independently controlled.
- For best results, use this device 2 to 3 times per day for 30 minutes each time.

SAFETY INSTRUCTIONS

Please read the following safety instructions carefully before using this massager. If you suffer from any of the medical conditions listed below, consult with a doctor before using this device.

We advise you to consult with your doctor before using this device if you:

- Suffer from heart disease or a heart condition.
- Have a sensory disorder or pacemaker
- Suffer from osteoporosis or diabetes
- Are prohibited from exercise by your doctor
- Are pregnant
- Have a malignant tumor or skin allergy
- Are undergoing medical treatment
- Are physically disabled

SAFETY WARNINGS

- This device is designed for indoor, home use only.
- Never leave this device unattended while it is plugged in.
- Always remove the plug from the power outlet after use.
- Never use the device close to a heater, fireplace, stove or other heat source, and avoid smoking when using this massager.
- Never use this device if the plug or wire is damaged, or if it is broken or wet.
- Always plug in the power source when the power switch is in the OFF position.
- Do not use this device in sauna room or bathroom, or in area with high humidity.
- Never use this device while your body or the target area is wet.
- Wait 60 minutes after eating to use this device.
- Do not use this product for more than 60 minutes at a time. Always take a break of 5 to 10 minutes if you want to use for more cycles.
- Keep out of reach of children at all times.
- Do not use this product while sleeping.
- To avoid excessive stimulation of the muscles and nerves, the massage time should not exceed the recommended 60 minutes at a time (its default time is 30 minutes).
**WARNING:** TO REDUCE RISK OF BURNS, FIRE, ELECTRIC SHOCK OR INJURY TO PERSONS:

- Do not operate under a blanket, pillow or other materials. Excessive heating can occur and cause fire, electric shock or injury to persons.
- Use this device only for its intended use as described in this manual.
- Never operate this device if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged or dropped into water.
- Do not carry this device by the power cord or use the power cord as a handle.
- Turn all controls to the OFF position before removing the plug from the outlet.
- Use only the original AC adaptor included with this device.
- Avoid the use of an extension cord. The extension cord may overheat and cause a risk of fire.
- Do not use this product on varicose veins.

**CARE AND MAINTENANCE**

- Store this device in a moisture-free, dry place when not in use.
- Do not wrap the power cord around the device.
- Do not hang the device using the power cord.
- Keep away from all solvents and harsh detergents.
- Unplug the device and allow it to cool before cleaning. Wipe with a soft, dry cloth as needed.
- Never submerge the device in water or other liquids.
- Do not use abrasive cleaners, brushes, gasoline, kerosene, glass/furniture polish, or paint thinner to clean the massager.

**SUGGESTED USES**

For the Elbow  
For the Shoulder  
For the Knee

**WARRANTY / CUSTOMER SERVICE**

Sharper Image branded items purchased from SharperImage.com include a 1-year limited replacement warranty. If you have any questions not covered in this guide, please call our Customer Service department at 1 (877) 210-3449. Customer Service agents are available Monday through Friday, 9:00 a.m. to 6:00 p.m. ET.